

31<sup>st</sup> August 2023

**Re: PSHE and RSHE Policy**

Dear Parent,

Personal, Social, Health and Economic Education (PSHE) is a subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work. The Relationships and Sex and Health Education (RSHE) aspects were made compulsory from September 2020 in accordance with the updated statutory guidance.

Annually, schools are required to share details of what is being taught and to consult with parents in developing and reviewing their PSHE and RSHE policy. To this end, I have provided a link to the [PSHE and RSHE Policy](#) which covers both the primary and secondary phases.

The consultation will run from Monday 4<sup>th</sup> – Friday 15<sup>th</sup> September. Please forward any comments to [consultation@eastwood.southend.sch.uk](mailto:consultation@eastwood.southend.sch.uk)

Yours sincerely,



Mr. N. Houchen  
Principal